# Vascular Effects and Safety of Dalcetrapib in Patients with, or at Risk of CHD: the dal-VESSEL Randomised Clinical Trial

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No conflicts with respect to any aspect of this presentation

#### **Cholesterol Ester Transport Inhibitors**

<u>cholesteryl ester transfer protein</u> (CETP), normally transfers cholesterol from <u>HDL cholesterol</u> to <u>very low density</u> or <u>low density lipoproteins</u> (VLDL or LDL).

#### **Torcetrapib**

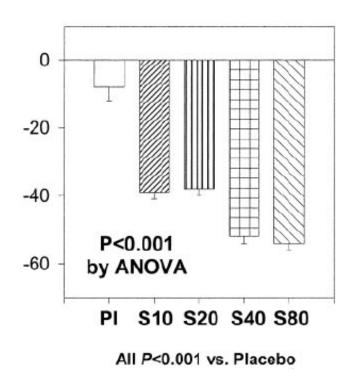
- •61% increase in HDL cholesterol, 20% decrease in LDL cholesterol. *4.6mm increase in blood pressure*, IVUS: no significant decrease in the progression of coronary atherosclerosis. NEJM 2007; 356:1304-1316
- Phase 3 trial stopped: increase in deaths among patients taking torcetrapib
   and atorvastatin versus taking atorvastatin alone

# dal -VESSEL (phase IIb trial)

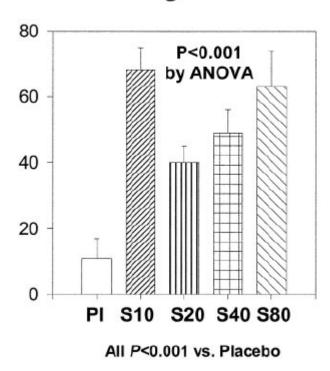
- dal-VESSEL randomised, double-blind, placebo-controlled study in patients with CHD or CHD risk equivalents.
- 476 patients with HDL-C levels <50 mg/dL: dalcetrapib 600 mg/day or placebo in addition to their existing treatments.</li>
  - Primary efficacy endpoint is change in brachial flow mediated dilatation after 12 weeks.
  - Primary safety endpoint was 24-hour ambulatory blood pressure.
- Flow Mediated Dilatation is a marker of endothelial dysfunction and associated with atherosclerosis.

# Flow mediated dilatation: What changes are seen with statins?

#### %Change in LDL Cholesterol

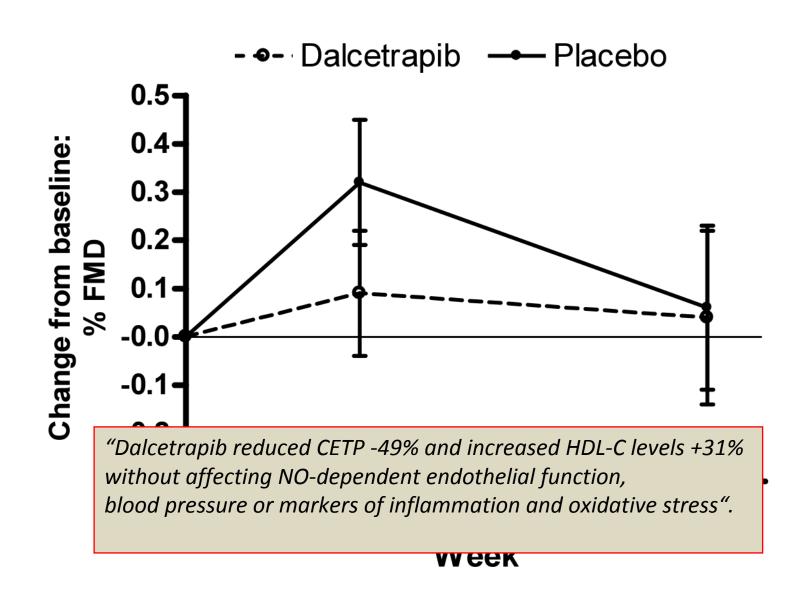


### %Change in FMD

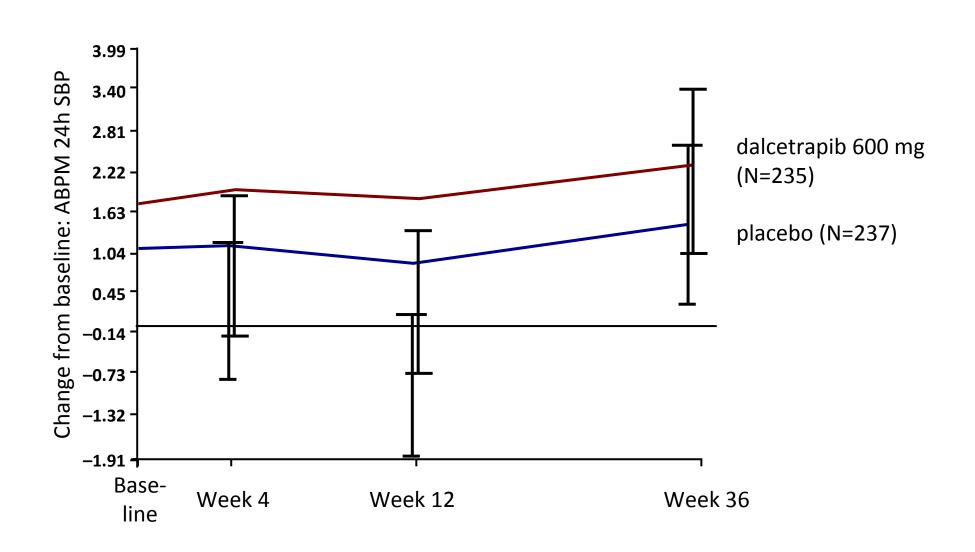


Simvastatin 10mg, 20mg, 40mg, 80mg

## dal-Vessel-Trial – Flow-mediated Dilation



## Systolic Blood Pressure – Change from Baseline



# Blood pressure changes at 4 weeks

- Mean SBP dalcetrapib (128 mmHg) placebo (125 mmHg).
- Difference vs placebo 0.65 mmHg, 95% CI –0.68, 1.99; P=0.337).
- "The primary safety endpoint was therefore met with respect to SBP".
- At 12 weeks (difference vs placebo 1.21 mmHg, 95% CI –0.15, 2.58; P=0.081)
- At 36 weeks (difference vs placebo 0.90 mmHg, 95% CI –0.65, 2.45; P=0.253).

# dal-Vessel-Trial

- •The first multicentre trial demonstrating the feasibility of using FMD to evaluate risk markers using novel CV compounds.
- Dalcetrapib reduced CETP activity by 49% and increased HDL-C levels by 31%.
- No significant effect on NO-dependent endothelial function, blood pressure or markers of inflammation and oxidative stress.
- •The dal-OUTCOMES trial (NCT00658515) will show whether dalcetrapib improves outcomes.